



'Wiping Out Waste' program Terms 1 & 2

We are excited to announce that we have a **new** waste program for schools on the Central Coast. Rumbalara received funding from Central Coast Council to deliver **Wiping Out Waste (W.O.W)**, in conjunction with Cleanaway's *kNOw Your Waste* education program to nine schools on the Central Coast.

This is a pilot program that will be delivered in Terms 1 & 2 this year.

The program aims to help schools reduce waste to landfill and maximise resource recovery by creating a zero waste culture in the school communities. The anticipated benefits of this program are financial savings for each school and achieving sustainability outcomes.

The W.O.W program consists of each school forming a W.O.W committee (including the principal, students, teachers, parents, the cleaner/GA, and canteen manager). Professional development for teachers, a desk-top audit of each school's waste bills that are analysed and calculated, hands-on facilitation of whole school Waste Audit/ Action Day 1 and Waste Audit/ Action Day 2 (6 weeks later) conducted by Rumbalara teachers, where the results and data are collated. From here, Rumbalara teachers, the W.O.W committee and staff create and implement an Action Plan for schools to reduce waste to landfill. Cleanaway's *kNOw Your Waste* education program is also delivered to the students from the participating schools.

We are excited and look forward to making significant changes that support sustainability in our local schools on the Central Coast. We hope to offer this program to more schools after the trial.



New Central Coast Council Multi-Touch Books

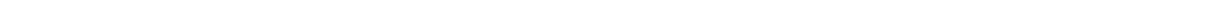
Two new Tuggerah Lakes Estuary Multi-Touch Books are now available for iPhone and iPad. The multi-touch books are an interactive educational tool for local schools, community groups, visitors to the region

and the general community to gain understanding into the complex and unique habitats found in and around the Tuggerah Lakes Estuary. Focusing on the estuary and its catchment the multi-touch books look at the habitats, catchment and a focus on how people can help to care for our estuary. Learn about the various projects and case studies that have been undertaken by Central Coast Council and community groups that help improve the health of this unique estuary.

These multi-touch books now join the already available wetland multi-touch books. Download your FREE copies today from the iBook store or Itunes - simply search for Central Coast Council. For further information contact Tom Wilson – Graduate Environmental Education Officer, Central Coast Council on [4350 1673](tel:43501673).



Free Sustainability Education Workshop- Central Coast



Thursday, 14 March 2019 - 9:30am to 3:00pm

AAEE NSW SUSTAINABILITY EDUCATION WORKSHOP
Planning a best practice project and introducing Take Me Outside

This FREE workshop is essential for anyone working on sustainability education projects or engaging with the community on environmental issues.

Learn the steps to planning a best practice Sustainability Education and Engagement project and discover how the new nature connection program 'Take Me Outside' can help your school, community group or government organisation.

Please put your name on the waiting list now at <https://www.trybooking.com/ZSRA>

Lunch is provided.



AUSMAP TRAINING DAY

28th March, 2019

NESA Accredited

ABOUT THE TRAINING

Learn about AUSMAP and participate in a training session on the standardised field sampling methodology for collecting, sorting, and identifying microplastics.

Accreditation will take place in the afternoon session, an essential part of the official AUSMAP program.

Instructors:

Dr Scott Wilson (Research Scientist), TAKE 3 & Rumbalara EEC

ABOUT THE PROGRAM

It's hard to solve a problem you can't see. Until recently microplastic pollution presented scientists with a crisis that was invisible to the naked eye. Now we have AUSMAP.

By translating data into vivid maps of plastic pollution hotspots all over Australia, the Australian

Microplastic Assessment Project makes it easy for everyone to see the scale and nature of this growing problem.

We need to know how much is already out there, before we figure out what to do with it. And we need large numbers of Australians to engage with behaviour change so we can stop any more plastic disintegrating into our waterways.

That's why AUSMAP is a collaborative citizen science project.

Together we can all do something to clean up our rivers and oceans.

Location: Marine Discovery Centre, Terrigal Drive, Terrigal.

When: 28th March 2019, 8.45-4.30 pm

Course Code: RG04006

For more info contact Roberta@take3.org or mandy@take3.org

More info to follow on Rumbalara website



CENTRAL COAST
MARINE DISCOVERY CENTRE



The Central Coast Green Canteen Challenge

The challenge is all about reducing the single use plastic footprint of our schools and championing plastic free canteens!

Follow the footprints one step at a time, get 5 points or more and go into the draw to win a bumper pack!

Send your stories to info@rumbalara.nsw.edu.au by the end of Term 1, 2018.

Fill in the Plastic in School Canteens online Survey at
www.rumbalara-ec.nsw.edu.au/green-canteens

...then Choose your free gift!
The first 50 Central Coast schools to complete the survey receive a choice of sustainable spoons, forks or straws for their canteen.

- Introduce or maintain composting 2 points
- Replace plastic cutlery with reusable 2 points
- Replace single use plastic cutlery with compostable cutlery 3 points
- Replace single use packaged items with non-plastic eg paper wrap 2 points
- Phase out plastic straws 2 points
- Talk to your suppliers about plastic packaging alternatives 2 points
- Make a pledge for an idea and action it 2 points

This project is supported by the NSW Government through Environmental Trust.

The Central Coast Green Canteen Challenge

This challenge is all about reducing the single use plastic footprint of our schools and championing plastic free canteens! We all know its important -lets get together and start with reducing straws and plastic cutlery in our canteens.

Term 4 Winner 2018 was
Brisbane Water Secondary College

The school received a \$50 Bunnings voucher to spend on items for their canteen.

The Challenge has been extended and more winners will be announced next term!! Keep sending in your stories.

If your school would like to participate contact Rumbalara EEC & fill in the survey form and we will send you a free pack of cardboard straws or wooden cutlery to trial at your school.

<http://www.rumbalara-e.schools.nsw.edu.au/green-canteens>

More information on Healthy School Canteens can be found at:

<https://healthyschoolcanteens.nsw.gov.au/school-leaders/links-to-wellbeing-and-curriculum>

Keep Australia Beautiful Awards

The Keep Australia Beautiful NSW Awards Programs are now open for submissions.



In the metropolitan area we have the Sustainable Cities Awards Program:

<https://www.awardsonline.net.au/2019/knswb/sustainablecities/>

In the regional areas we have the Sustainable Communities Tidy Towns Awards Program:

<https://www.awardsonline.net.au/2019/knswb/tidytowns/>

We would like to flag a couple of award categories with schools for this year.

The Schools Environment Achievement Award which recognises any sustainability or waste initiatives that are making the school a more sustainable place.

The Return and Earn Litter Prevention Award (sponsored by Return and Earn) which recognises the use of Return and Earn in a school for a specific fund -raising purpose or to engage with children about recycling and reuse.

The Young Legends Award which recognises individuals or small groups of young people (under 25years old), who show leadership and actions around environmental sustainability.

And

The Aboriginal Cultural Heritage Award which recognises actions that support education, conservation, preservation and the self-determination of the aboriginal culture in NSW.

All award categories are open to schools (there are 16 in total), but we wanted to highlight these for you.

Bookings And New Programs

Now is the time to book in for your 2019 school excursion with Rumbalara.

New for 2019, is our Stage 2 Earth and Space Program at Wyrribalong National Park. Students will investigate natural processes such as erosion and examine human impact at Wyrribalong National Park. An Aboriginal seasonal calendar will be examined and students will observe local seasonal changes. The geology of the headland will be investigated using iPads to photograph layers in the sandstone and silt stone. Rumbalara will provide examples of local fossils and discuss how rocks and fossils are formed. At the beach students will conduct a science investigation to discover where sand comes from and investigate the role of vegetation by designing their own model of a sand dune.



Information about all our programs is located on our website: <http://www.rumbalara-e.schools.nsw.edu.au/programs>

Our on-line booking system is located here - <http://www.rumbalara-e.schools.nsw.edu.au/bookings>



Craig Reucassel - War On Waste

Educators and teachers from Rumbalara Environmental Education Centre, The Wetlands & Awabakal EEC, Take 3, Holgate Public School, Tuggerawong PS and Terrigal PS attended a special presentation by Craig Reucassel, hosted by the Central Coast Council at the Wyong Art House on Wednesday 20th February 2019.

Craig's humorous and informative take on the War On Waste was a timely reminder that Rumbalara Environmental Education Centre is on the right track with the new Wiping Out Waste school program. His challenging journey to reducing the amount of waste we create on our planet has inspired us at Rumbalara to help schools on the Central Coast to change their habits, behaviours and attitudes towards zero waste.

School Garden Interest Group

Save the Date - Wednesday 8 May 2019

The next School Garden Interest Group will be held at Woy Woy South Public School on Wednesday 8 May 2019 between 4:00 - 5:30pm.



EARTH HOUR 30th March 2019

Around the globe, millions of people, businesses, and landmarks set aside an hour to host events, switch off their lights, and make noise for climate change action. This year Earth Hour is at 8:30pm on 30 March 2019. See the [website](https://www.earthhour.org.au/) to register.



<https://www.earthhour.org.au/>

APPLYING LEARNING FROM COUNTRY to the

CURRICULUM

The ASA and Tribal Warrior Association BANGABAOUI Educational Cultural Cruises will present 'Applying Learning from Country to the Curriculum'. This day starts at Sydney Harbour exploring culture and place, to the Redfern Community Centre on the block for an afternoon session applying cultural principles to contemporary practice.

Contact Kate Long, cate@tribalwarrior.org

COUNCIL COMMUNITY SUSTAINABILITY SURVEYS

The Central Coast community has told Council they would like a more sustainable Central Coast.

In response to this, Council is developing a suite of policies, strategies and plans that will help achieve the community vision of the [Central Coast Community Strategic Plan](#) together.

By encouraging students to take the survey, Council can see if they're on track to meet community expectations and understand priorities from a younger person's perspective

For more information and to view the survey, visit yourvoiceourcoast.com/sustainability-survey.

The survey is open until **Sunday 17 March 2019**

Places still available at Draft Climate Change Policy workshops

Central Coast Council is developing the first Climate Change Policy for the entire region in consultation with the community. The draft policy will provide a framework for Council to develop strategies, plans and actions to adapt and mitigate the impacts of climate change for our local government area.

A series of community workshops to discuss the draft policy are being held in February and March and Council is encouraging people of all ages to attend. The policy is also on public exhibition and feedback is welcome until **15 March 2019**.

To find out more, register for a workshop or download a workshop information pack www.yourvoiceourcoast.com/climatechange



We are on social media!

Check out our Facebook page for all the latest information and updates on programs, events and school news!

Don't forget you can 'Like' and 'Share' our page <https://www.facebook.com/rumbalaraeec/> And also upload your own school's images from your special school excursion day with Rumbalara.



Green Dates 2019 Term 1

1 March - Schools Clean Up Day

Website: <https://www.cleanupaustraliaday.org.au/act-now/what-you-can-do-schools>

3 March - Clean Up Australia Day

Website: <https://www.cleanupaustraliaday.org.au/>

22 March - National Ride 2 School Day

Website: <https://www.bicyclenetwork.com.au/rides-and-events/ride2school/events/>

17 - 23 March - Harmony Week

Website: <http://www.harmony.gov.au/>

21 March - International Day of Forests

Website: <http://www.greeningtheblue.org/event/international-day-forests>

22 March - World Water Day

Website: <http://worldwaterday.org/>

30 March - Earth Hour

Website: <https://www.earthhour.org/>

1 - 5 April - Vegetable Week & the Big Vegie Crunch

Website:

<https://healthy-kids.com.au/teachers/vegetable-week-the-big-vegie-crunch/>

[Green Dates Calendar](#)

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