



## Youth Leadership Program 2021

### KEY DATES:

- **Friday, 26 February 2021** Student EOIs due
- **Tuesday, 16 March 2021** Term 1 – Youth Leadership Workshop (proposed)

### 1. Overview

---

This will be an opportunity for students with an interest and passion for the environment to be engaged through a Youth Leadership Program.

Proposal:

1. The program will accept up to 4 students (Stage 3) from 6 schools to participate in the program for the period of the school year. Three Rumbalara staff will each mentor 2 schools (4 students from each school)
2. The program will include 4 leadership days at Rumbalara EEC (or other location) to work with students.
3. Each school will also have a follow up day each term- each REEC teacher to allocate this time - half day for each school
4. EOI distributed to schools early Term 1, 2021. EOI will include some draft ideas of a project. Principals and teachers are asked to identify up to 4 students within their school that may be suitable to participate in this program. Students may then submit an Expression of Interest – this must include approval from their parent / guardian and also the school.
5. Skills taught will be how to implement a leadership initiative, run meetings, goal setting, action plans and milestones and the knowledge needed to tackle the issue

During the year, students will come together once per term working with a Rumbalara staff member to advance their project and further develop their skills.

As a result, students will gain knowledge, skills and an understanding of local Central Coast environments and develop leadership skills.

~ 1 ~

The program will also involve conversations with and between students about how they can make a difference in their local communities – school community and/or wider community.

## 2. A Project or Issue:

---

Students are expected to identify a project / issue or action that interests them and where they would like to make a difference – either within their school, in their local community or more broadly. This would be part of the discussions that take place with students throughout the program. Projects can be individual projects or a group of students can work together.

It would be expected that students have identified a particular area of interest by the end of Term 1 (either as individuals or collectively) – and some related action is completed by the middle of Term 4.

Examples of topics that students might choose as a basis for their projects:

- Water – a local creek or waterway, water usage
- Waste – litter in the school or local community, plastics, composting
- Energy – energy use, climate change, renewables
- Biodiversity – wildlife, endangered species
- Sustainability – local produce, reducing ecological footprint
- Planning – local parks, local bushland, greening of local school or neighbourhood, cycleways

## 3. Expectations of Students:

---

To qualify for the Leadership Program, students must have an interest in the environment – and a good record of behaviour at school. The program is intended to be an opportunity for enrichment for interested students.

Students are expected to

1. Contribute to the program
2. Be respectful in their dealings with staff and each other
3. Follow instructions from Rumbalara staff
4. Be enthusiastic in their involvement in the project
5. Be willing to allocate time to progressing their chosen project
6. Keep a journal to track their project and reflect on their experiences
7. Be willing to learn from both successes and failures during the course of the program

## 4. Outline

---

<b>Term 1: Leadership Day</b>	This day will introduce students to the program, include guest speakers and workshops to identify areas of interest and outline a process. We will also include team building activities and possibly an evening activity (eg. astronomy, spotlighting etc).
-------------------------------	--

~ 2 ~

<b>Term 2 and Term 3: Leadership Days</b>	<ul style="list-style-type: none"> <li>• Further guest speakers and skills development based on individual projects and needs.</li> <li>• Students share progress against their overall action plans – discuss problems encountered and work together to consider solutions</li> </ul>
<b>Term 4: Leadership Day</b>	<ul style="list-style-type: none"> <li>• Final presentations and reflections on projects.</li> <li>• Acknowledgement of contribution of students and supporters.</li> <li>• Discussion about any outstanding actions or future proposals.</li> </ul>

## 5. What is required from Schools and Parents.

The school needs to provide a contact teacher to support students within the school environment. The level of support will vary and can accommodate the teacher’s level of interest and capacity to support the program.

As a minimum, a teacher needs to be a contact person for both Rumbalara staff and participating students.

We encourage school contact teachers to attend the Term 1 Leadership Day. Contact teachers from schools are welcome to attend any of the scheduled activities however attendance is not essential. Rumbalara staff are teachers within the Department of Education.

Parents or the school will need to arrange transport for students to and from activities external to the school.

Rumbalara staff will supervise students during the day. Students will need to bring a packed lunch, water, covered footwear, hat and sun safe clothing.

## 6. Sample Workshop Program:

<b>Term 1:</b>	<b>Leadership Day</b>
9am	Welcome and purpose of the day / Youth Leadership program Ice-breaker activities
9:45am	Morning tea
10:15	Stories – making a difference - examples/ speakers Team building activities
11:30	“What’s important to me” – thinking about the environment / sustainability <ul style="list-style-type: none"> <li>• If I could change the world....</li> <li>• If I could change my school....</li> <li>• If I could change my suburb....</li> <li>• If I could change the Central Coast....</li> </ul>

~ 3 ~

	Think global, Act Local?
12:30	Lunch
1:00	A plan of action – What I want to change – and how to get there.
2:00	Something fun and outdoors (eg. Kayaking, bushwalk...)
3:00pm	Close
	Possible evening activity – eg. spotlighting, stargazing, Aboriginal engagement

### Term 1: School Visit (soon after Leadership Day)

Work with students to finalise their project  
Discuss and Action Plan

What is the Goal?

How will you know when you achieve it?

Identify stakeholders / supporters

Who might be resistant to change?

What do you need to know? – what skills do you need?

What tools do you want to use?

How can you be a change agent?

What are the decision points that you want to influence?

Consider using the SMART guidelines to create your work plan goals and objectives. SMART stands for:

- **Specific:** Your goals, objectives and action steps should be clear and specific.
- **Measurable:** It should be easily apparent that your goal or objectives have been accomplished.
- **Achievable:** Your goals and objectives should be something your team can realistically accomplish within the designated time frame.
- **Relevant:** The goal, objectives and tasks should be aligned with your values and long-term goals.
- **Time-bound:** Your plan should have a realistic end date that can help you prioritize your time

### Term 2: School Visit – early Term 2

Discuss progress so far – and plans for Term 2

Offer assistance where appropriate

### Term 2: Leadership Day (2<sup>nd</sup> half Term 2)

9am Welcome and purpose of the day / Youth Leadership program

~ 4 ~

	Team Building activity
9:45am	Morning tea
10:15	Presentations on Progress so far
12:00	Lunch
12:30	Further guest speakers and skills development based on individual projects and needs.
1:30	<ul style="list-style-type: none"> <li>• Project Q&amp;A with Rumbalara mentors</li> <li>• Students discuss problems encountered and work together to consider solutions</li> <li>• Video stories / updates</li> </ul>
2:30	Something fun and outdoors (eg. Kayaking, bushwalk...)
3:0pm	Close

<b>Term 3:</b>	<b>School Visit – early Term 3</b>
	Discuss progress – and plans for Term 3 Offer assistance where appropriate

<b>Term 3:</b>	<b>Leadership Day (2<sup>nd</sup> half Term 3)</b>
9am	Welcome and purpose of the day / Youth Leadership program Team Building activity
9:45am	Morning tea
10:15	Presentations on Progress
12:00	Lunch
12:30	Further guest speakers and skills development based on individual projects and needs.
1:30	<ul style="list-style-type: none"> <li>• Project Q&amp;A with Rumbalara mentors</li> <li>• Students discuss problems encountered and work together to consider solutions</li> <li>• Video stories / updates</li> </ul>
2:30	Something fun and outdoors (eg. Kayaking, bushwalk...)
3:00pm	Close

<b>Term 4:</b>	<b>School Visit – early Term 4</b>
	Discuss progress – and plans for Term 3 Offer assistance where appropriate

~ 5 ~

<b>Term 4: Leadership Day (Mid Term 4)</b>	
9am	Welcome and purpose of the day / Youth Leadership program Team Building activity
9:45am	Morning tea
10:15	Final Presentations and reflections on projects
1:00	Lunch
1:30	<ul style="list-style-type: none"> <li>• Acknowledgement of contribution of students and supporters.</li> <li>• Discussion about any outstanding actions or future proposals.</li> <li>• Video stories / updates</li> </ul>
2:30	Something fun and outdoors (eg. Kayaking, bushwalk...)
3:00pm	Close

~ 6 ~



# Youth Leadership Program 2021

## EXPRESSION OF INTEREST

Please complete the EOI below, scan with signatures and email to: [rumbalara-e.schools@det.nsw.edu.au](mailto:rumbalara-e.schools@det.nsw.edu.au)

**EOIs due by Friday, 26 February, 2021.**

**EOIs should be no longer than 2 x A4 pages in total.**

<b>Name:</b>			
<b>School:</b>			
<b>Year:</b>	<b>Age:</b>	<b>Gender:</b>	
<b>Suburb:</b>			
<b>About me: (Tell us about yourself)</b>			
<b>I would like to participate in this program because:</b>			

~ 7 ~

<b>Describe any activities that you do now that might support your EOI:</b>	
<b>School Contact Teacher:</b>	
<b>Contact Teacher details:</b>	Email: ----- Phone No.:
<b>Principal Support:</b> Name:	
Signature:	Date:
<b>Parent / Guardian:</b> Name(s):	
Signature:	Date:
<b>Parent / Guardian Contact details:</b>	Email: ----- Phone: